

DELHI PUBLIC SCHOOL, BANDIKUI (DAUSA)

CIRCULAR

Date: 25 April 2026

Subject: Formation of the School Wellness Committee

Dear Members of the School Community,

Health and well-being are the cornerstones of a productive and fulfilling educational journey. In alignment with our commitment to fostering a supportive environment, we are pleased to announce the official formation of the **School Wellness Committee**.

The committee will be established on **27 April 2026**.

Objectives of the Committee:

- To promote physical, mental, and emotional health among students and staff.
- To organize workshops on nutrition, mindfulness, and fitness.
- To ensure a safe and inclusive environment that supports the overall development of our school community.
- To coordinate health screenings and wellness awareness programs throughout the academic year.

We believe that a healthy mind resides in a healthy body, and this initiative marks a significant step toward achieving excellence beyond the classroom. We look forward to your active participation and support in making this initiative a success.

Warm regards,

Principal

Delhi Public School Bandikui
DELHI PUBLIC SCHOOL
Affiliated to CBSE Delhi
Gudha Road, Bandikui, Dausa-303313 (Raj.)
Aff. 1730984 SC-11431

DELHI PUBLIC SCHOOL, BANDIKUI (DAUSA)

CIRCULAR

Date: 27 April 2026

Subject: Constitution of the School Wellness Committee and First Meeting Notice

Following the announcement regarding the establishment of a dedicated wellness body, we are pleased to confirm that the **School Wellness Committee** has been successfully formed as of today, 27 April 2026.

The committee is comprised of the following members who will oversee health and well-being initiatives within the school:

Chairperson: Dr. Anant Sharma (Principal) 

Members:

Mr. Navneet Rajoria 

Mr. Santosh Sharma 

Mr. Shahrukh Khan 

Ms. Shalini Dixit 

Ms. Nisha Sharma 

Notice of First Meeting

The inaugural meeting of the Wellness Committee is scheduled to discuss the roadmap for the current academic session.

- **Date:** 12 May 2026
- **Time:** 02:00 PM
- **Venue:** Principal's Office
- **Agenda:** Planning of annual health check-ups, mental health awareness sessions, and student counseling schedules.

All committee members are requested to attend the meeting punctually. We look forward to working together to ensure a vibrant and healthy environment for our students and staff.

Principal 

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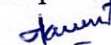
MINUTES OF THE FIRST SCHOOL WELLNESS COMMITTEE MEETING

Date of Meeting: 12 May 2026

Venue: Principal's Office / Conference Hall

Attendance: 06/06 (Full Attendance)

Members Present:

1. Dr. Anant Sharma (Chairperson) 
2. Mr. Navneet Rajoria 
3. Mr. Santosh Sharma 
4. Mr. Shahrukh Khan 
5. Ms. Shalini Dixit 
6. Ms. Nisha Sharma 

Meeting Agenda & Discussion Points

The meeting commenced with a welcome address by the Chairperson, Dr. Anant Sharma. The following points were discussed and finalized:

1. Formal Induction of Members

Official briefing on the roles and responsibilities of each committee member regarding student and staff welfare.

2. Physical Health & Nutrition Plan

Discussion on conducting annual health and dental check-ups for all students.

Review of the school canteen menu to ensure the availability of nutritious food options.

3. Mental Health & Counseling

Planning for monthly "Mindfulness" sessions.

Setting up a dedicated time slot for students to approach the committee for personal guidance or counseling.

4. Sports and Fitness Initiatives

Proposal for "Fitness Fridays," encouraging brief physical activity sessions during the morning assembly.

Integration of yoga and meditation into the weekly timetable.

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5. Sanitation and Hygiene Audit

Scheduling regular inspections of the school drinking water facilities and washrooms to maintain high hygiene standards.

6. Emergency Response Protocol

Reviewing the first-aid kits available on campus and updating the contact list for emergency medical services in Bandikui.

Concluding Remarks:

The Chairperson thanked all members for their valuable inputs and 100% attendance. The committee resolved to meet once every month to track progress on these initiatives.


Dr. Anant Sharma

Principal/Chairperson

School Wellness Committee

Note: Next meeting will be on June 29, 2026.

sent Mr. Jock


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DELHI PUBLIC SCHOOL, BANDIKUI

School Wellness Committee SESSION - 2026-27

S.N.	Member's Name	Designation	Signature
1	Dr. Anant Sharma	Chair person	
2	Mr. Navneet Rajoria	Member	
3	Mr. Santosh Sharma	Member	
4	Mr. Shahrukh Khan	Member	
5	Ms. Shalini Dixit	Member	
6	Ms. Nisha Sharma	Member	



Manager
Delhi Public School
Bandikui (Dausa)

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Secretary-
Delhi Public School
Bandikui (Dausa)